Subject Title : Child and Adolescent Nursing (兒童及青少年護理)

Subject Code : PDAN S8

Credit Value : 8
Pre-requisites : Nil

Term : Pending

Subject Description:

This subject focuses on the physical, psychosocial, mental, behavioral issues in children and adolescents. It aims to develop the competences of the registered nurses in Child and Adolescent Nursing for the provision of quality specialized care to pediatric patients.

Assessment:

Group Project 40%
Written Examination 60%

Learning Outcomes:

Upon completion of the subject, students will be able to:

- 1. Develop skill in communicating with children and adolescents
- 2. Critically analyze assessment data to diagnose alternations in health problem
- 3. Analyze the determinants of psychosocial and physical health of the children and adolescents
- 4. Identify adolescent health problems and associated risk behaviours
- 5. Integrate holistic, evidence-based care planning for children and adolescents with behavioral and /or health problem

Contents:

- 1. Growth and development of children and adolescents
- 2. Communication and physical assessment of the children and family
- 3. Behavioral and psychosocial issues of children and adolescents
- 4. Family-centered care of the children during illness and hospitalization
- 5. Physiotherapy of children
- 6. Nursing pediatric clients with respiratory problems, neurological problems, musculo-skeletal problems, cardiac problems, gastrointestinal problems, nephritic problems, endocrine problems, immunological problems, hematological problems, infectious diseases, ear, nose, throat & eye problems.
- 7. Nursing management of children with surgical problems
- 8. Nursing management of children during a pediatric emergency

References:

- Berk, L. E. (2013). Child development (9th ed.). Boston, MA: Pearson.
- Burton, M. (2014). *An introduction to child and adolescent mental health.* Thousand Oaks, CA: SAGE.
- Colyar, M. R. (2011). *Assessment of the school-age child and adolescent*. Philadelphia, PA: F. A. Davis Company.
- Carter, B.(2014). *Child-centred nursing: Promoting critical thinking*. Thousand Oaks, CA: SAGE.
- Kyle, T., & Carman, S. (2013). *Essentials of pediatric nursing* (2nd ed.). Baltimore, MD: Lippincott Williams & Wilkins.