

BSN352 Gerontological Nursing

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| Subject Title | Gerontological Nursing | |
| Subject Code | BSN352 | |
| No. of Credits | 3 | |
| Pre-requisite | Fundamentals of Nursing I & II, Health Assessment | |
| Co-requisite | Nil | |
| Level | Year 3 | 6 th Semester |
| Teaching Pattern | Lecture | 26 Clock Hours |
| | Tutorial/Seminar/Visit | 15 Clock Hours |
| | Laboratory Demonstration/ | 4 Clock Hours |
| | Film Appreciation Activity | |
| | Clinical Studies | Refer to Clinical study III |
| Assessment | Seminar and Individual Assignment | 30% |
| | Individual Literature Review/Essay | 50% |
| | Test | 20% |

Course Description

This subject makes use of the knowledge of fundamental subjects as a foundation. The course design adopting holistic nursing concepts as the longitude and basis on the needs of elderly people from healthiness to sickness, from individual, family to community/group as the latitude, has established an elderly care issue of both theoretical and practical, both comprehensive and specialty. This course intends to increase students' consensus on global ageing phenomenon and understanding to aging process. It focuses on the normal physiological, psychological, and social aspects of changes in the aging process, the influence of the elderly disease process on health, the support and nursing care that the elderly and their caregivers need at stages of disease and rehabilitation and late stage before end of life. At the same time it also aims to explore the elderly related health care and welfare policy issues, to raise students' concern on popular health issues of the elderly; to advocate healthy agedness, to promote active and positive aging and create a harmonious later life.

Objectives

Upon fulfilling successfully the course, students should be able to:

1. Recognize the global aging phenomenon and its impact;
2. Describe the overseas and local distribution and trend of the elderly population;
3. List out the changes in physiological, psychological, social and spiritual aspects in the aging process of the elderly;

4. Apply aging theories to analyze the characteristics of aging process among the elderly and its impact on nursing;
5. Recognize the pathological changes and impact of common elderly diseases, and recommend focusing holistic care and health care policy;
6. Apply in gerontological nursing practice the comprehensive health assessment and appropriate elderly nursing skills to solve the elderly health problem, e.g. incontinence, confusion, restriction in activity, depression, dementia and psychological disorder etc.;
7. Formulate health education guideline and rehabilitation plan for elderly from hospital to family and to the community;
8. Instruct the elderly on family and community life after discharge from hospital, effectively encourage the participation of family members in elderly care schemes;
9. Recognize the local and overseas long term care strategies for the elderly and implementation;
10. Analyze contemporary elderly problem and elderly health care and welfare policies, and propose targeted strategies and suggestions;
11. Understand the importance of healthy aging in enhancement of quality of life of the elderly people, and creation collaboratively of an active and harmonious later life;
12. Provide strategic opinions to the nursing challenges by current global aging phenomenon.

Syllabus

1. Global ageing phenomenon and its impact
2. Development trend and distribution of local and overseas elderly population
3. Local and overseas elderly population policy
4. Process and theories of aging
5. Physiological, psychological, environmental and social change in aging and holistic nursing care
6. Comprehensive health assessment skills for elderly and its application
7. Effective communication skills with elderly and its application
8. Roles and cooperation of inter-professional elderly workers
9. Elderly special care problem and nursing: incontinence, fall, emotion (elderly depression), cognition (Senile Dementia), mobility and movement disorder (frail elderly, Senile Parkinsonism)
10. Current status and exploration of contemporary society to elderly health service problem
11. Local and overseas elderly long term care service strategies and implementation status
12. Chronic disease and rehabilitation nursing of elderly
13. Dying and hospice nursing of elderly
14. Support for family caregivers of elderly and related issues
15. Healthy aging and quality of life
16. Challenge of global aging social phenomenon to nursing

Recommended Textbook

Miller, C. A. (2007). *Nursing for wellness in older adults*(5th ed.). Philadelphia: Lippincott Williams & Wilkins.

References

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- Miller, A. M. (2009). *Nursing for wellness in older adults* (5th ed.). Philadelphia: Lippincott Williams & Wilkins.
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Periodicals

中華老年護理醫學雜誌/中華護理雜誌/香港護理雜誌/澳門護理雜誌/護理雜誌

Age and Aging

Clinical Gerontology

Gerontologist

International Journal of Geriatric Psychiatry

Journal of Advanced Nursing

Journal of American Geriatric Society

Journal of Clinical Nursing

Journal of Gerontology

Journal of Gerontological Nursing

Journal of Psychosocial Nursing

Oncology Nursing Forum

Topics in Geriatric Rehabilitation

Internet

Administration on Aging - <http://www.aoa.gov>

Caregiver organization - <http://www.caregiver.org/>

Elderly Health Service - <http://www.elderly.gov.hk/>

WHO Regional Office for Europe - <http://www.euro.who.int/ageing>

<http://www.hwfb.gov.hk/hw/english/archive/consult/HEALTHY/ROHA.HTM>

National Rehabilitation Regional Center - <http://www.naric.com/>

National Institute of Health - <http://www.nih.gov/>

Hong Kong Rehabilitation Society - <http://www.rehabsociety.org.hk>

National Stroke Association - <http://www.stroke.org/>

<http://www.unescap.org/esid/psis/ageing/index.asp>

<http://www.who/nmh/nph>

http://www.wpro.who.int/publications/pub_9290610662.htm

Elderly Mobility Cure Kits

日常用品彩圖提示咭

懷舊歌曲精選

懷舊物品彩圖提示咭

懷舊系列：小賭怡情

Multimedia

Green Mile

護老錦囊：中風後的適應

護老錦囊：老年癡呆照顧篇（一）

護老錦囊：老年癡呆照顧篇（二）